



## **Information for Groups**

Dragon Boat ACT is the overarching body for dragon boating in the ACT. It owns the boats and most of the equipment and holds the insurance for paddlers. We run corporate team building events and our member clubs provide the manpower to make it all work. We would be happy to take your organisation out for a team building activity.

We supply the coaches, as well all the equipment and insurance for your members while out on the water.

You will need to allow a minimum of an hour and a half to two hours for the activity. We kit the people out with paddles and life jackets, give them some tips on what to do, a safety brief and a warm up and then go out on the boats for about 45 minutes. That is usually enough time to get wet and tired for first timers. It allows everyone to get a feel for what happens and to start bonding as a team.

### **Who Can Paddle**

Anyone over the age of twelve can paddle. Dragon boating is a sport for the young and old however our safety protocols do not permit us to take out children under the age of twelve.

Minimum paddlers per boat excluding the sweep (steerer) is 16 per school or youth group and 14 per Corporate Social Group. Maximum paddlers is 20 per boat.

### **Location**

Dragon boats are currently located at Lotus Bay, next to the Southern Cross Yacht Club on Alexandrina Drive Yarralumla.

### **Equipment and Clothing**

Boats, paddles and life jackets and sunscreen are all provided. All participants need to bring is a drink bottle and a change of clothing just in case. Wear clothing that can get wet; light weight comfortable clothing is ideal; something layered, thermals/wool (No cotton), if the weather is cold. Footwear is a safety issue: old sneakers, boat shoes or sandals are ideal, no flip flops or bare feet.

### **Officials**

All officials are volunteers. Where younger or special needs team members are involved the activity organiser needs to ensure that officials hold appropriate WWVP<sup>1</sup> cards. Sweeps (steerers) are accredited to local and national standards.

---

<sup>1</sup>Working with Vulnerable People

## **Behaviour on Boats**

DBACT adheres to the Australian Dragon Boat Federation Safety Manual. As such appropriate footwear must be worn. Life jackets must be worn if a paddler is a non-swimmer or when directed to by the sweep or coach. No alcohol is allowed to be consumed prior to or during a session. Paddlers must listen to and obey the directions of the sweep and coach. This includes remaining seated at all times while on the water unless requested to move. The decision of your sweep is final in all matters of safety, including returning to land early or not going out on the lake at all.

## **Weather Considerations**

In the event of inclement weather the event may be cancelled or postponed. For safety reasons boats cannot be out on the water when there is lightning. High winds may also cause safety concerns and rain can curtail your event also. The aim is to make the experience enjoyable for everyone; this won't be the case if you are all wet and cold.

## **Cost**

The cost for groups is as follows:

- Corporate or Social Group - \$20 per person (price may vary for longer activities)
- Group as part of a DBACT corporate regatta – Nil, cost is part of entry fee into the event (paid before training commences)
- School Group - \$10 per person (teachers free)
- Youth Group (eg Scouts) - \$10 per person

## **Payment**

Groups will be invoiced by DBACT for the activity after the event so team coordinator should ensure that their correct details are provided when making the booking. This includes the name of the organisation as well as where the invoice should be sent. Payment details will be on the invoice. Large groups are required to pay a 50% deposit of the total amount payable before the event.

## **Forms**

Fill out forms and have them ready to hand in to the DBACT event coordinator, sweep or coach as follows:

- Corporate Crew List and Agreement Form – all members of your crew need to be included on this form. If you have multiple teams, wherever possible try to have separated forms for each team/ boat.
- Corporate Crew List and Agreement Form (Regatta) – this is used at corporate regattas where there is a formal marshalling process. If your team has a number of training sessions you may need to fill out a Corporate Crew List and Agreement Form for those sessions.

**Student Temporary Membership Form** – this must be filled out for any team member under eighteen and include the permission sign off from a parent or guardian.